

# metro

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Holiday, November 27-28, 2019 metro.us | t: MetroNewYork | f: MetroNewYork

## A TIME TO GIVE THANKS

Join Metro in all things Thanksgiving. 13



Mets hire Jeremy Hefner as pitching coach. 16

The stars of Netflix's latest sitcom give the scoop on the new holiday show 'Merry Happy Whatever.' 12

# NYC THANKSGIVING: ROAST OF THE TOWN

Discover the history of the Macy's Thanksgiving Day Parade and more with Metro's holiday guide. 4,6

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THINGS  
TO  
KNOW

Children on a school trip pose for a photo in front of the U.S. Capitol building on Capitol Hill in Washington DC.

REUTERS

# Senate Democrats unveil privacy bill with fines for privacy violations

Greater protections against data mining.

Democratic senators proposed legislation on Tuesday that would set penalties for online companies like Alphabet Inc's Google and Face-

book Inc if they mishandle users' personal data.

The measure comes at a time when the luster of the Big Tech platforms, once praised as one of the most dynamic parts of the U.S. economy, has faded because of data breaches and discomfort over

what information about people is being collected and what it is used for.

The proposed bill, called the Consumer Online Privacy Rights Act, would allow people to see what information is collected about them, require that it be deleted

and prevent its sale. It also allows consumers to file lawsuits if online businesses break rules.

Companies would also have to get a consumer's permission to share any sensitive data, which the bill defines broadly enough to include location, biomet-

rics, email address or telephone number.

"The key thing is that obviously you have to have privacy rights. It should be clear and you should know what they are," Senator Maria Cantwell said in an interview.

Federal privacy legislation has been expected because of industry concern over California's new privacy law, and the prospect of other states passing measures that effectively create a patchwork of different rules across the country.

Cantwell said that her proposed bill spelled out what Democrats wanted in a privacy law. "We are in discussions with Re-

publicans," she said.

In addition to Cantwell and Senator Amy Klobuchar, the bill is backed by Senators Brian Schatz and Ed Markey. The bill will be introduced when the Senate comes back from recess, a Cantwell aide said.

Under the measure, a new office within the Federal Trade Commission would enforce new privacy rules. It would be allowed to fine companies for privacy violations. The fines were not spelled out by the bill.

Cantwell's bill has similarities with California legislation, and would leave that law intact. **REUTERS**

## U.S. starves 2020 census of funding

**2** A new lawsuit in New York accuses the Trump administration of starving the U.S. Census Bureau of funding needed to avert an undercount of racial and ethnic minorities in the 2020 census, and deprive them of crucial federal funds and political representation. The Brooklyn-based non-profit Center for Popular Democracy Action and the city of Newburgh, New York accused the government on Tuesday

of arbitrarily, capriciously and irrationally slashing resources to count blacks, Hispanics, immigrants, the homeless and other members of "hard-to-count" communities. They hope to set aside decisions to hire one-third as many enumerators who physically visit homes as in 2010, halve census field offices and reduce community outreach, while ensuring that the government follow the U.S. Constitution. **REUTERS**

## Melania Trump booed at Baltimore youth event

**3** Melania Trump was widely booed when she took the stage at a youth event in Baltimore on Tuesday, an unusually hostile reception for a first lady. The sustained boos, which book-ended her remarks and were interrupted by some cheers, marked the latest negative reception for President Donald Trump and the first lady at recent public events. "Hello, everyone," Mrs. Trump

said as she tried to talk through sustained boos at the start of her brief remarks. The jeering subsided, then restarted as she concluded by telling the audience: "Wishing you all a Happy Thanksgiving. May God bless you, your families and the United States of America." Donald Trump has few friends in Baltimore, a city he derided as "disgusting" and "rodent-infested" over the summer. **REUTERS**

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## NEWS

# 6 things you didn't know about the Macy's Thanksgiving Day Parade

It's steeped in history!

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Since New York City invented the holiday season as we know it, it's only fitting that this city kicks things off in fine form. Thankfully, the good folks at Macy's have been doing just that since 1924, when they sent the very first Macy's Thanksgiving Day Parade sauntering down Broadway. The Parade has been synonymous with Thanksgiving for more than 90 years, and it has more secrets up its sleeve than it has balloons in the air. Here are 6 things you might not know about the Macy's Thanksgiving Day Parade.

**1. Macy's first parade was "a Marathon of Mirth," over 6 miles long!**  
The first Macy's Thanks-



Flying Ace Snoopy (the first-ever Snoopy balloon of seven) and his entourage of Balloon Pilots and handlers, 1968. PHOTO COURTESY OF MACY'S, INC.

giving Day Parade took place on November 27, 1924. The procession included what the New York Times called, "a retinue of clowns, freaks, animals and floats," accompanied by Macy's employees and professional entertainers. Floats of the day included "The Old Lady Who Lived in a Shoe" and "Little Red Riding

Hood." There were even live animals on loan from the Central Park Zoo, including bears, elephants and donkeys.

**2. The Parade takes 18 months to plan**

The parade might be all about the holiday season, but planning gets underway way before that. Each parade takes about a

year and a half to get into peak celebrating form. It all starts with a nationwide talent search. Which lucky marching bands will make the cut? Which local performance groups will make it to Macy's?

**3. Balloon designers are known as 'Balloonatics'**

It's not just that balloon designers are lunatics for balloons (hence "balloonatics") ... the folks who design Macy's balloons actually take their name from the parade's very first balloon-covered float from 1926, named Balloonatics, which was decked out in traditional balloons like the ones you'd see at a birthday party. Those balloons inspired their much larger counterparts in today's parade.

All of Macy's Balloons are made at the Macy's Parade Studio, a former Tootsie Roll factory in Hoboken. The process begins with computer graph-

ics, moves on to clay models, then finally ends up at fabrication. When the balloons are finished, they regularly weigh 400 pounds.

**4. Today's expert balloon handlers are known as 'Balloon Pilots'**

The Balloon Pilots are the most experienced of all the Macy's balloon handlers. They spend the entire parade walking backward in front of their balloons, guiding the team of 60 people and two vehicles that anchors each balloon. The pilots receive three field-trainings per year and also sit for classroom training.

**5. Macy's is the second largest consumer of helium in the United States**

With balloons popping up just about everywhere in the Macy's Thanksgiving Day Parade, the event requires literal tons of

helium. In fact, national helium shortages have actually impacted the parade. For example, in 1958 a helium shortage nearly made the Parade route a no-fly zone. But cranes, hangers, cables and even vacuum cleaners – pumping in reverse – got the balloons off the ground.

**6. Since 1924, the Parade has only been canceled for one reason**  
Speaking of the United States Government, the only time the Macy's Thanksgiving Day Parade has been canceled was during WWII. From 1942-1944, Macy's canceled the parade because rubber and helium were needed for the war effort. In fact, the store deflated its balloons and donated them to the U.S. government.

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# Doctors Urge Knee Pain Sufferers

## “Don’t Get ANY Surgery Until You See This...”

*After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed*

**NEW YORK CITY** - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

**Here is why:** Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

**That's the bad news.**

**Now for some good news...**

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

### **The Treatment Formula**

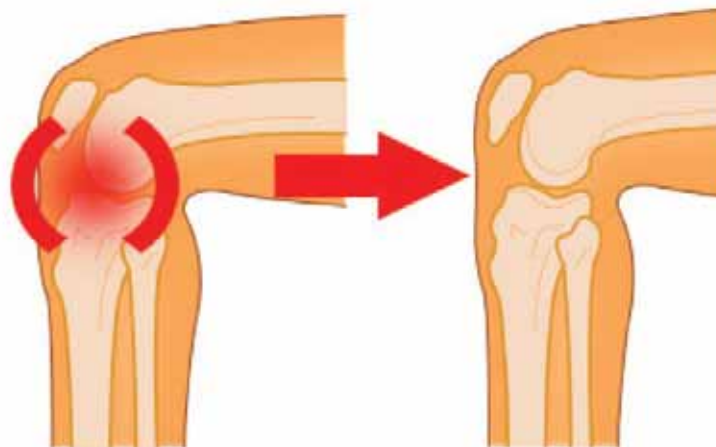
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



**NYC Pain MD “Treatment Formula”** A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

*NYC Pain MD* has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

**The second thing you must know is...** our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

### **Here's What You Should Do Next**

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

**The best thing is...** you will finally get direction. You will know what's going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



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# MTA shares Thanksgiving holiday service

How to get around  
NYC this  
Thanksgiving.



BECCA  
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Rebecca.Glasser@metro.us

MTA officials have shared the details of Thanksgiving service changes for the subway, buses, LIRR, Metro-North railroad and the MTA bridges and tunnels. The new schedule will be in effect from Nov. 27 to Dec. 1.

## Wednesday, Nov. 27:

The Long Island Rail Road will operate 12 extra trains departing Penn Station between 12:45 p.m. and 4:15 p.m. The extra service includes four extra trains on the Babylon Branch, three on the Port Jefferson/Huntington Branch, two on the Ronkonkoma Branch and one each on the Far Rockaway, Montauk and Port Washington Branches.

Metro-North Railroad will operate 18 early getaway trains departing Grand Central Terminal between 12:45 p.m. and 4:15 p.m. The extra service includes ten extra trains on the New Haven Line, five on the Hudson Line and three on the Harlem Line.

For Metro-North's West-of-Hudson customers, early getaway trains will operate on both the Pascack Valley Line and Port Jervis Line. On the Pascack Valley Line, there will be a 2:58 p.m. departure from Hoboken (with a connection departing New York's Penn Station at 2:51 p.m.), making select stops in New Jersey before arriving at Pearl River, Nanuet and Spring Valley. On the Port Jervis Line, the 2:41 p.m. train from Hoboken to Middletown (with a connection departing New York Penn Station at 2:33 p.m.) is extended to Port Jervis.

Due to the busier mid-day travel patterns, some Metro-North evening trains may be canceled or combined, including two



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from Hoboken: the 5:58 p.m. Pascack Valley Line departure and the 6:15 p.m. Port Jervis Line departure.

Staten Island Railway customers looking to get a head start on the Thanksgiving holiday will be able to catch earlier afternoon express train service on Wednesday, Nov. 27, with MTA Staten Island Railway's Early Departure Getaway schedule. Extra SIR trains will be added earlier in the afternoon, beginning at 2:30 p.m. from the St. George Ferry Terminal. There will be one express train and one local train awaiting every boat until 7:50 p.m.

## Thanksgiving Day, Nov. 28

On Thanksgiving Day, New York City subways and buses will operate on a Sunday schedule and the Staten Island Railway will operate on a Saturday schedule. Metro-North is operating on a Saturday schedule with extra service before and after the parade. The LIRR and Metro-North's West-of-Hudson service will operate on a weekend/holiday schedule with extra service before and after the parade.

The LIRR schedule is supplemented with 17 extra trains timed perfectly for those attending the Thanksgiving Day Parade or otherwise visiting the city. There will be six extra westbound trains origi-

nating on Long Island between 6 a.m. and 7:45 a.m. (two each on the Babylon Branch and Ronkonkoma Branch and one each on the Montauk Branch and Port Jefferson Branch) and 11 extra eastbound trains departing Penn Station between 11 a.m. and 1:35 p.m. (four each on the Babylon Branch and Ronkonkoma Branch, two on the Port Jefferson/Huntington Branch and one on the Montauk Branch).

Cars will be added to select LIRR trains as demand requires to accommodate holiday travelers.

Metro-North will provide additional inbound morning service for customers heading to the Macy's Thanksgiving Day Parade. There is also expanded outbound service starting in the late morning and continuing through mid-afternoon. If you're leaving New York after the parade, customers must show a ticket before boarding trains at Grand Central or Harlem-125th Street Station.

Finally, there will be extra trains in the evening for customers returning to New York City after their Thanksgiving feasts.

All bus service in Manhattan may experience delays, and will be affected by reroutes, detours, and/or frozen zones, especially those routes operating in Midtown near the parade route.

For updated details, go to [mta.com](http://mta.com).



## Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

# Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

*The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed*

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried many treatments... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

*An option that a lot of back and neck pain sufferers may have never heard of before.*

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

**Know this fact:** There is no one treatment that will

help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

**Radiofrequency Neurotomy**  
"Radiofrequency Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

### What Results Can You Expect?

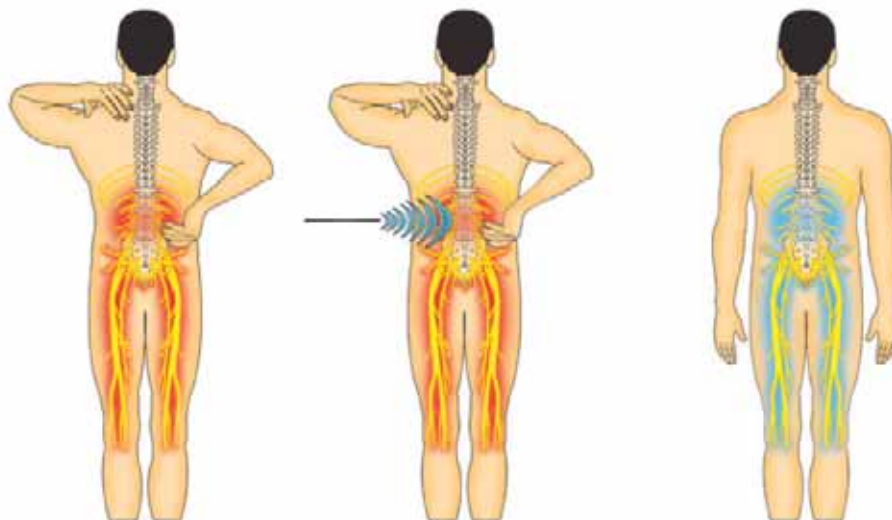
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

### How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months... 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

## Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



**Science rescues back & neck pain sufferers?:** Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

### Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

### Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

**RF has also been found effective AFTER back surgery when patient's still feel pain.**

*The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.*

### What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

### Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the NYC Pain MD treatments can be done in our in-office procedure suites saving you stress, time and dollars. NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

### Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every

month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at NYC Pain MD. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

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## City Council set to ban flavored e-cigs in NYC

NYC could be the first big city to ban flavored e-cigs.



BECCA  
GLASSER-BAKER  
Rebecca.Glasser@metro.us

New York City might become the first large city in America to ban flavored e-cigs.

NBC reports that the City Council's Health committee unanimously voted in support of the legislation, and was expected to formally vote on the bill Tuesday.

The bill, introduced by Council Member and Health Committee Chair Mark Levine, would prohibit the sales of flavored electronic smoking products, including both electronic cigarettes and e-liquids. This would include flavors such as mint, wintergreen and menthol.

A statement from Levine read, "With this vote, the City Council is moving to ban the fruity, minty, candy-like flavors of e-cigarettes which were clearly designed to appeal to young people in the first place."

News of this comes within a week of Gov. Cuomo announcing the second vaping-associated illness in New York. The latest death was a Manhattan man with a history of



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vaping and using e-cigs. The man was in his 30s.

New York's first vaping-associated illness was also from someone within the five boroughs. The first vaping-associated death was a 17-year-old male from the Bronx.

Gov. Cuomo has made it clear that New York as a state is taking e-cigarettes very seriously and said in a statement, last week that "DOH is continuing its robust investigation into the cause of these illnesses, but in the meantime our message on vaping remains unchanged: if you don't know what you're smoking, don't smoke it."

Gov. Cuomo continued, "We are taking every step possible to combat this crisis on the state lev-

el, but the federal government needs to take action now."

Mayor de Blasio filed a lawsuit against 22 national online e-cigarette vendor who sell items to underage New Yorkers. He said in a statement, "The kids of New York are the pride of our city, but to these companies, they're just a source of profit. Preying on minors and hooking them on a potentially lethal, lifelong nicotine addiction is unconscionable."

De Blasio added, "This lawsuit sends a message: we will do whatever it takes to protect our kids and the health of our city."

New York recently raised the age to purchase tobacco and e-cigarettes from 18 to 21.

## Here's how New Yorkers can reconnect with a loved one who is homeless

New York City wants to help the homeless population reconnect with loved ones this holiday season and hopefully find a way off the streets.

"We are a compassionate city, and New Yorkers look out for one another," Mayor Bill de Blasio said in a press release Tuesday. "With Outreach NYC, we are redoubling our efforts to bring our most vulnerable off the streets and into a pathway of lasting stability."

The expansion of Outreach NYC will allow friends and families of homeless New Yorkers to submit a report to city officials. It's part of the city's HOME-STAT initiative, which has already



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helped 2,200 unsheltered New Yorkers find a place to stay.

Family and friends can submit reports to 311 that include keywords signifying relationships with individuals on the streets, such as "father/mother," "relative" or "friend" and express their interest in

reconnecting with the unsheltered individual.

The Department of Homeless Services (DHS) will work with the homeless person's loved one to make a reunion happen.

Deputy Mayor for Health and Human Services Dr. Raul Perea-Henze said in a press release, "Our administration is confronting the challenge with the expansion of Outreach NYC to enlist family and friends of unsheltered New Yorkers. Loved ones are key allies in our campaign to help homeless New Yorkers find a path off the streets and toward stability, and we urge all family and friends to use 311 and contact us for assistance." BECCA GLASSER-BAKER



# Global temperature rises could bring 'destructive' effects, U.N. says

Global temperatures could rise sharply this century with "wide-ranging and destructive" consequences after greenhouse gas emissions hit record levels last year, international climate experts warned on Tuesday.

The head of the World Meteorological Organization said global temperatures could rise by 3-5 degrees Celsius above pre-industrial levels this century - more than three times agreed limits - if nothing is done to stop rising emissions.

Greenhouse gas emissions surged to a record level last year, the United Nations said in its "Emis-

sions Gap Report," released ahead of U.N. climate talks in Madrid next week aimed at spurring world leaders to limit climate change.

It measures the amount of emissions cuts needed to limit global temperature rises to 1.5 degrees Celsius (2.7 Fahrenheit) above pre-industrial levels, as agreed in the 2015 Paris Agreement. The U.N. Intergovernmental Panel on Climate Change last year warned of huge global changes if that target is not met, such as the loss of nearly all coral reefs and most Arctic sea ice.

Under current national pledges to cut emissions, "temperatures can be expected to rise by 3.2C this century, bringing wide-ranging and destructive climate impacts," said a summary of the report by the U.N. Environment Programme (UNEP).

"Being a grandfather - we don't want to leave that for our grandkids," the report's lead author John Christensen told a Geneva news conference.

"With 3 degrees we would lose a fairly big fraction of the current (agricultural) yield and areas like Africa where the population is growing would really suffer."

WMO Secretary-General Petteri Taalas

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Countries face a 2020 deadline to set more ambitious emissions cut pledges. "Had we done it 10 years ago, it would have been easier," said Andersen. **REUTERS**



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# the Grumble

## sudoku

### EASY

	9	5			2	8		
	8			9			3	
3	1			5		7		
	7			8		6	5	
9	3		5		6		7	2
	2	6		7			4	
		1		6			2	7
	5			1			8	
		3	8			4	1	

### MEDIUM

	4				2			
	6		4				1	7
3				1		5		
4		2	3				7	
9			8	2	1			6
	5				4	2		3
		9		5				8
8	1				9		6	
			7				9	

### HARD

				7	8	1		
9	3		1					
		7	3	2				
7							9	
8		9		1		3		6
	1							4
				8	1	6		
					5		7	8
		4	7	3				

### READER WRITE-INS:

#### DOUBLE STANDARD

We recently saw a woman who was trying to make a meager living by selling churros on a subway platform, taken away in handcuffs. On Sunday we saw someone (with money enough to afford to do it) set up a whole meal ON the subway but nothing was done about that, instead it was reported as something great and commendable. What kind of a double standard is this?

Sylvia, Metro NYC reader



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**Taurus** If you look over personal papers, you'll come up with a plan that will help you get ahead financially. Make the first move to outmaneuver any competition you encounter.



**Gemini** The more active you are, the better. A physical challenge will ease stress and give you a chance to reconsider what you want to do next. Nurture a meaningful relationship.



**Cancer** Take better care of your health. Spend time working out a daily routine that will enforce fitness, proper diet and a better overall attitude and appearance. Romance is favored.



**Leo** You'll be given help, but you should consider the motives behind it before you accept it. Be direct and find out what's expected in return. Do the work and reap the rewards.



**Virgo** A steady pace will get you where you want to go. Don't feel that you must depend on others to get ahead. Celebrate your success with a loved one.



**Libra** Offer help to someone in need. A heart-to-heart talk will lead to a better understanding of what you want and what you are willing to give. Love is in the air.



**Scorpio** Avoid joint ventures. You'll come out ahead if you do your own thing. Taking a unique approach to your lifestyle will encourage better health, less stress and a brighter future.



**Sagittarius** You'll be anxious. Someone special will be glad to assist you if you want company or help. Don't be afraid to show someone how much you care.



**Capricorn** It will be challenging to keep a secret. Handle information you receive with care, or you will be accused of meddling. A reticent approach will help you avoid conflict.



**Aquarius** Travel down the information superhighway. The more you learn about something that interests you, the better equipped you will be to handle an opportunity or proposal with which you are presented.



**Pisces** Don't expect anything for free. It's best if you fend for yourself and protect your interests. Secure your position and keep personal information secret. Romance is on the rise. **EUGENIA LAST**



## LIFESTYLE



ALL PHOTOS CLAIRE FOLGER

# Rian Johnson returns from a galaxy far, far away with the fun murder-mystery, 'Knives Out'

The all-star cast whodunit hits theaters this week. **PAT KING**

Writer-director Rian Johnson has had one of the great indie-movie success stories of the past 20 years. In 2005, he burst onto the scene with his confident paperback noir meets high-school drama "Brick" that not only announced Joseph Gordon-Levitt as a powerhouse actor, but Johnson as one of the most original filmmakers of his generation. From there, he released two critically acclaimed films, "The Brothers Bloom" and "Looper," which both saw his profile rise considerably, but not to the height the writer and director would have ever expected. In 2017, Johnson was tapped by Lucasfilm to write and direct the next installment of the ongoing "Star Wars" franchise: "Star Wars: Episode VIII - The Last Jedi." After all of the pressure that came with making that film, and all of the successes that came with it, where the hell can you go from there? For Johnson, he decided to get back to his roots with his new murder-mystery, "Knives Out," in theaters this week.

The highly entertaining ensemble film fol-

lows a private detective named Benoit Blanc, played by Daniel Craig, who has been hired by an unknown benefactor to investigate the death of an elderly and well-regarded crime novelist named Harlan Thrombey (Christopher Plummer). Thrombey had passed away late in the night in his home after his 85th birthday party which had been attended by his family: his real estate mogul daughter Linda (Jamie Lee Curtis) and her husband Richard (Don Johnson), Richard and Linda's trust-fund-clinging rich kid son Hugh "Ransom" (Chris Evans), his Gwyneth Paltrow-like lifestyle guru daughter-in-law Joni (Toni Collette), his son Walt (Michael Shannon) who handles the publishing of his mystery novels along with his wife Donna (Riki Lindhome) and their right-wing Twitter troll son, Jacob (Jaeden Martell).

Also in attendance at the party, and suspected in the murder of Harlan, are Harlan's housekeeper Fran (Edi Patterson) and his nurse Marta, played by the exceptional Ana de Armas. Marta's character is the heart of the film and we follow her as she tries to make sense of this "whodunit" along with Blanc and the two local detectives on the scene, De-



tective Elliot (Lakeith Stanfield) and Trooper Wagner (Noah Segan).

When I speak to Johnson over the phone, I ask him if writing "Knives Out" felt like getting back to his roots after such a large undertaking with "Jedi" and the many expectations surrounding it.

"One thing that was similar that did feel nice was coming back to making a movie very quickly," says Johnson. "With this film, I sat down to write it last January — January 2018 — and we had wrapped the movie by Christmas. It happened really, really quick. That was the biggest contrast with 'Star Wars,' actually. 'Star Wars' was an amazing experience, but it took four years to make one movie. It felt really good to get back to the speed of, 'let's jump in there and make something fun.'"

"For me," he adds, "it's always hard to describe how the experience of doing 'The Last Jedi' was. That didn't feel like a limiting factor with it. Really what I was tapping into was my connection with it going back to when I was 5 years old. It's been such a part of my heart for all of my life, basically. The personal side, that aspect of it is the thing that you're really tapping into when you're writing. Which, hopefully, that's the same with any movie. With 'Knives Out' it was like that but with all of the stuff I loved about Agatha Christie and [her character] Hercule Poirot. With that, it's strikingly similar."

The love of Agatha Christie's seminal mystery novels such as "Murder on the Orient Express" run through the film, and Craig's performance

as Blanc creates a character that you can't help but be captivated by and to root for. I ask Johnson if he hopes to partner up to solve more foul-play murders with Craig in the future and if playing with this genre could lead to more ensemble films down the road.

"I don't want to get ahead of myself, we'll see how this one does! If this one does well, it would be a thrill to get together with Daniel every few years to do another one of these," says Johnson. "You can see with Agatha Christie's books, the mystery genre is so malleable. You can do so much with it. The idea of totally shaking it up the next time and doing something very new but still in this mode with that same character who Daniel and I had so much fun with. I think Daniel had so much fun making

that character. Yeah, I'd do it again in a heartbeat."

While this film does have the feel of a classic mystery, part of what tears apart the Thrombey family in the wake of Harlan's death — aside from his vast fortune in limbo — is that many of them hold political opinions that are at the core of what many of us will be trying not to argue about while clenching our teeth during Thanksgiving dinner this year. In fact, the only thing that brings them together is their pursuit in trying to figure out who will benefit the most once the truth is revealed.

"For me, that was the interesting thing about this," says Johnson of the film's timely political musings. "Drawing across the spectrum, from right to left and then really digging into the very human thing that's driving each of them which is something that they consider to be there's is threatened. And the very human thing of how you react to that kind of thing. When you're scared of losing something you think is yours. We hope this movie has a light touch with it. First and foremost, it's a really fun murder mystery. But, it does have these layers and it definitely does have a perspective of what's going on."



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# Wishing you a Merry, Happy..Whatever

The stars of Netflix's latest holiday sitcom sat down with Metro.



**MOLLY GIVEN**  
Molly.Given@metro.us

The holidays are here, and no matter what you celebrate, getting together with family is always a recipe for some colorful moments, and in Netflix's latest multi-cam sitcom "Merry Happy Whatever" that's exactly what you get. Take one ambitious daughter coming home from the west coast to Philadelphia (Bridgit Mendler), add in a sprinkle of a loveable yet clueless "rockstar" boyfriend (Brent Morin), a dash of a sister who is going through some immense changes in her life (Ashley Tisdale), layers of other relatives in a whacky tradition-based family and finish it off with a strict yet fiercely loyal father (Dennis Quaid) and you've got yourself one massive feast of a relatable show that is timed perfectly to the holiday season. Brent Morin, Bridgit Mendler and Ashley Tisdale all sat down with Metro to chat about the show, what they love about having the story set around the holidays and dive into what they hope audiences take away from "Merry Happy Whatever."

**How would you describe your characters?**

**Brent:** Matt is a very optimistic hopeless romantic who has a decent sense of delusional confidence, but his heart is always in the right place. He's got this 'everything is going to be okay and I accept you for who you are' kind of attitude, and Dennis Quaid's character is the polar opposite of that — hence the conflict. **Bridgit:** I would describe Emmy as a young career lady, but she also has this unconventional pair, but they still have a lot of love for each other. Her family is very unfamiliar with Brett's sort of rockstar lifestyle, so when



"Merry Happy Whatever" drops on Netflix Nov. 28 **ADAM ROSE/NETFLIX**

Emmy brings him home for the holidays she's a little nervous about how they will respond. The Quinn family is more conservative and Emmy sort of reverts back into that which causes some strain in her relationship. But ultimately, she really loves her family and Matt and she wants everybody to get along well. **Ashley:** Kayla is the middle child and she's a bit dramatic, but she's also faced with a lot of challenges throughout the season, so I think there's a reason for her emotional turbulence.

**What do you particularly like about the multi-camera sitcom type of comedy?**

**Brent:** I think that multi-cam sitcoms have always been a great kind of transition for stand-up comics. It's normal for an anxious comedian to kind of ad-lib, but I wanted to stick to what was on the page because I liked the story so much. For me personally, I moved out here to be an actor and a filmmaker, so just to be able to act aside from my comedy and getting to work with people like Dennis, Brigit, Adam and Ashley — it's just really nice to be involved in that kind of setting and learn from professionals. **Bridgit:** The thing that I like about the multi-cam comedy is that it's kind of musical in its cadence. There is a lot of rhythm to how jokes fit together and particularly with Tucker's [Cawley] style of approaching multi-cam,

he has a very specific vision for how lines will be delivered — it's like he hears it all in his head. So it felt like we were really coordinating together and doing this choreographed piece.

**Why do you think having the holidays as the backdrop works for this particular storyline?**

**Ashley:** I think that setting it during the holidays works especially when all of the kids come home and just the stress around that with what they are each going through. **Bridgit:** I think it's just something about this time of year that is reflective for people. You go back home, you reconnect with family and it makes you nostalgic for the way things used to be or frustrated about the difficulty of life, and it challenges you to confront the events of your own life. What you see with the characters are these people bringing the challenges of their own life into the Christmas season, a lot of stuff comes to the surface and the family is forced to process it all at once.

**They were potentially thinking of an anthology series focusing on different holidays each season, what holiday would you like to see be the setting next?**

**Brent:** I don't really know where the show is going, that's all on Tucker the mastermind, but someone had mentioned Fourth of July in the Bahamas and I would not be

opposed to that. I think the way the show is set up, it could go in any direction. But definitely not Thanksgiving, I have no will power and would not want to gain 20 pounds in one season.

**Bridgit:** April Fool's Day: a whole season of pranks. **Ashley:** I think Fourth of July would be really fun, especially since we shoot during the summer, that'd be really nice and very patriotic.

**Overall on set, how was it working with everyone?**

**Brent:** It was amazing. You always run the risk of there being drama, but that didn't happen on this show. Everybody gets along like a little family to be honest. I was a production assistant on "Conan" for four years before landing my first sitcom, so I truly believe it starts from the top — Conan [O'Brien] was such a sweet and loving guy and it's the same here with Dennis. He was so open, loving and ready to give advice, he even came to a stand-up show of mine which I thought was hilarious. **Ashley:** We all really organically became a family. Dennis set the tone for that, just who he is as an actor and person.

**What do you hope audiences take away from the show?**

**Brent:** My hope is that they take away that we are not as different as we think we are, we're not alone. The great thing about Netflix is that you can binge the show and it comes out right by the holidays, so my hope is that there is a Matt who is visiting a family and they put on this show and it helps him.

**Ashley:** I hope they fall in love with the Quinn family. I fell in love with the Quinn family watching it, they're such a cute and crazy family but I love that they have all of these traditions and they make an effort — there is just a lot of love between them. **The first season of "Merry Happy Whatever" drops in its entirety on Netflix on Nov. 28.**





## Last-minute tips for a perfect Thanksgiving dinner

For a lot of people, heading into Thanksgiving dinner can be a headache. The thought of preparing a massive meal for your friends and family is understandably daunting, especially for those who like to wait until the last minute to get things done. Take the stress out of the kitchen with our quick tips for the holiday.

### Use your time wisely

If there's 24 hours left on the clock and you at least have a turkey already thawing in the fridge, then you don't need to sweat too much about preparing for the big day. In fact, there's a lot that you can get done the night before, leaving you free to focus on the star of the show, the bird in the oven, as well as any roasting of vegetables and other quick accompaniments on Thanksgiving Day. From gravy to cranberry sauce to stuffing and macaroni and cheese, the majority of sides can, and probably should, be made the night before.

The same goes for most desserts. Not only does it free your hands to tackle the turkey, but gravy, sauces and most cooked sides just tend to taste better the next day after the flavors have had time to come together.



### Have an app ready

Keep the turkey vultures at bay and out of the kitchen with a few snacks before the big meal. Something light, but plentiful should do the trick, like a cheese and charcuterie board. Or if you're feeling adventurous and have a few extra ingredients lying around from your

sides and sauces, make a quick app like stuffed mushrooms using leftover stuffing, which could also be put together with ease the night before.

### Focus on the bird

In the hours leading up to dinner, you'll want to focus your attention on the main attraction. As you go about seasoning, roasting and cutting your turkey, please be sure to wash your hands more times than you think you need to at each stage. Nobody wants to get sick on Thanksgiving. While following whatever recipe you decide to choose, make sure you have a thermometer to ensure the bird gets to its proper temperature. When it's done cooking, rest the turkey for a little bit before cutting, ensuring it cools down and retains its juices. Don't be afraid of the leftover juices in the roasting pan either, which can be used to enhance the flavor of your stuffing and gravy.

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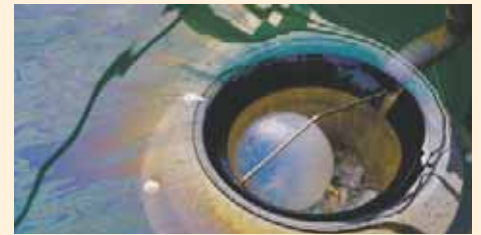
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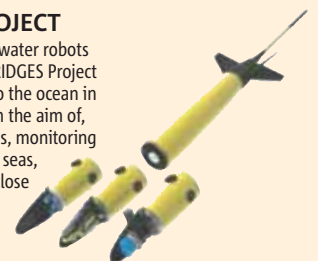


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## SPORTS

# Trotz hints at Isles changes after record point streak snapped

The Islanders head coach wasn't resting on his laurels after the team's first regulation loss since Oct. 11.



JOE PANTORNO  
joseph.pantorno@metro.us

Alas, the New York Islanders will not go 78 straight games without a regulation loss.

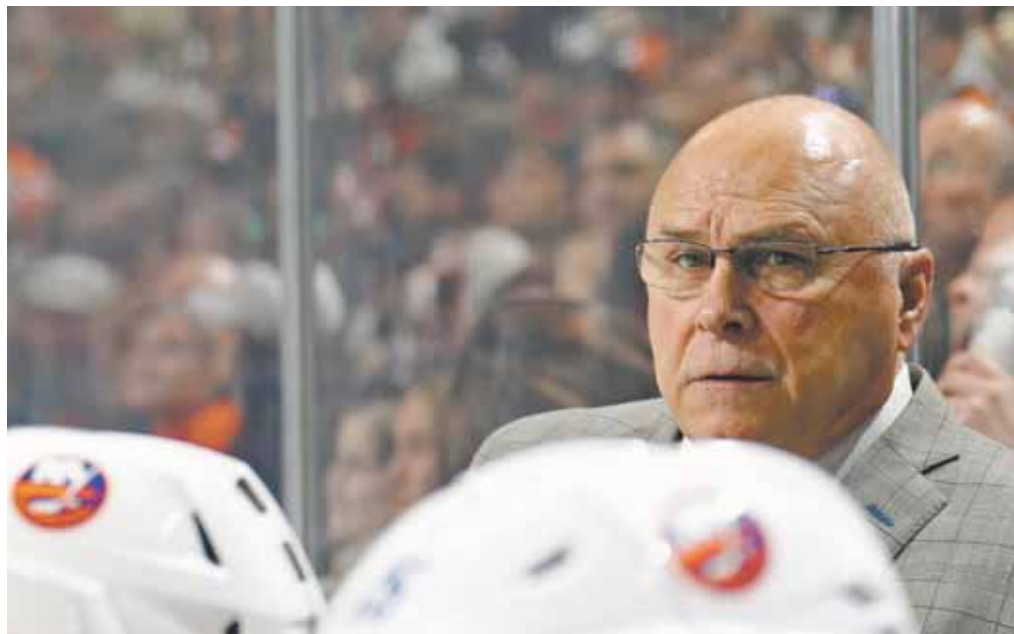
Their franchise-record streak of 17 games with at least one point came to an end on Monday night in Anaheim in a 3-0 loss to the Ducks.

The Islanders have now just scored a single goal through the first two games of their three-game California road trip, while Monday's dud against the Ducks was the first time this season that they were shut out.

Regulation losses to lesser opponents happen. It's commonplace in the NHL.

But Islanders head coach Barry Trotz's reaction after the game serves as a reminder why he's the best coach in New York right now and one of the top bench bosses in hockey.

Rather than pat his team on the back for their historic run of



Islanders head coach Barry Trotz made his disappointment clear after a 3-0 loss to the Ducks on Monday night. GETTY IMAGES

games unbeaten in regulation, he got on them.

"You'll see when we're committed in certain areas, we'll have success. When we're not, we won't," Trotz told MSG Network. "We'll look at this and identify the culprits."

After a strong first period where they outshot the Ducks 16-5, the Islanders were outworked and outplayed by Anaheim — suggesting that

complacency had set in.

"It's hard to be hungry if you're full," Trotz said. "I think we had a lot of guys who were full."

Trotz also hinted that there are changes to be made despite his team getting off to one of their best starts in franchise history behind a 16-4-2 record.

"We've got to get a couple of guys going," he said (h/t Arthur Staple of

The Athletic). "We've been patient with some guys, but we've got to get going here."

Among two of the largest culprits are veteran wingers Jordan Eberle and captain Anders Lee, who have struggled to find their footing this season.

Eberle has yet to score in 12 games this season and was responsible for redirecting Ducks forward Ryan Getzlaf's

effort past Thomas Greiss for the opening goal on Monday.

He was seldom-used in the third period, playing less than four minutes. The Islanders will expect more from a player they signed to a five-year, \$27.5 million deal over the summer.

Lee — who has averaged 34 goals per year over the past three seasons — hasn't scored a goal in his last 10 games.

His penalty midway through the second period snuffed out a brief spell of momentum claimed by the Islanders, which led to Anaheim's opener less than three minutes later.

The Islanders are not going to be a team that offensively runs the opposing team out of the building. So when the goals do dry up, the onus hones in on the play-makers.

It also provides validity to those screaming for the Islanders to add one more goal scorer to truly put them over the top as a legitimate Stanley Cup contender.

Now on a two-game losing streak, the Islanders meet the Los Angeles Kings on Wednesday night at Staples Center.

The Kings have the fewest points in the Western Conference and have lost three of their last four games, providing a golden opportunity for the Islanders to bounce back strong.



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Former Mets pitcher Jeremy Hefner is set to take control of the organization's arms. GETTY IMAGES

## Report: Mets name Jeremy Hefner new pitching coach

The 33-year old takes control of a solid rotation, questionable bullpen.

JOE PANTORNO  
joseph.pantorno@metro.us

The New York Mets have named Jeremy Hefner as their new pitching coach, as first reported by MLB Network's Jon Heyman.

His appointment comes a day after the organization brought on Hensley Meulens as Carlos Beltran's bench coach as the first-year manager's staff nears completion.

Hefner pitched two years in the majors, both with the Mets, where he went 8-15 with a 4.65 ERA.

Following his playing career, he spent three seasons with the Minnesota Twins as an advance scout before being promoted to the team's assistant pitching coach under Wes Johnson.

The 33-year old beat out the likes of the University of Michigan's

pitching coach Chris Fetter, Oakland Athletics minor league coordinator Gil Patterson and Milwaukee Brewers bullpen coach Steve Karsay for the job. He's considered to be fluent in new-age pitching techniques and will heavily use analytics in his decision-making.

Hefner will now be in charge of one of the more impressive starting rotations in the majors as the Mets boast two-time defending NL Cy Young Award winner Jacob deGrom, Noah Syndergaard, Marcus Stroman and Steven Matz.

With Zack Wheeler likely to leave in free agency after turning down the Mets' qualifying offer, Hefner may be tasked with getting an in-house arm like Robert Gsellman's back up to starting snuff as a possible fifth starter.

That is if general manager Brodie Van Wagenen and the Wilpons opt not to make a splash in free agency and pick up an established starter.

He'll also be tasked with getting the Mets' bullpen — which is a

unit expected to see some changes this winter — back on track. Most importantly, Hefner will have to try and get Edwin Diaz back to his 2018 form when he was with Seattle.

The Mets closer had a miserable start to his career in Queens, blowing seven saves, allowing 15 home runs in 58 innings of work and sporting a career-worst 5.59 ERA.

New York's bullpen woes played a key role in why the team failed to make the postseason, finishing with an 86-76 record that was three games short of the final NL Wild Card spot.

It led to the dismissal of manager Mickey Callaway following the season. But it was a 2019 season that also featured the firing of pitching coach Dave Eiland in June after his pitching staff was ranked 20th in the majors with a 4.71 ERA.

The Mets brought in interim pitching coach Phil Regan, who at 82 years old, performed admirably to fix the team's arms. In the 87 games he was in charge, New York had a far better 3.84 team ERA.



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Attorney for Plaintiff(s)  
Druckman Law Group PLLC,  
242 Drexel Avenue,  
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Attorney (s) for Plaintiff (s).  
Pursuant to a Judgment of  
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April 12, 2019, I will sell at public  
auction to the highest bidder at the  
Queens County Supreme Court,  
Courtroom #25, 88-11 Sutphin  
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December 20, 2019 at 10:30 AM.  
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of land, situate, lying and being  
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Janet Brown, Esq., Referee  
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Plaintiff AGAINST RICKY  
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Pursuant to a Judgment of  
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September 07, 2018 I, the  
undersigned Referee will sell at  
public auction at the Queens County  
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#25, 88-11 Sutphin Boulevard,  
Jamaica, New York, on December  
20, 2019 at 10:30AM, premises  
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BLOCK 15808, LOT 31.  
Approximate amount of judgment  
\$729,797.81 plus interest and  
costs. Premises will be sold subject  
to provisions of filed Judgment for  
Index # 33253/09.  
WYATT NAOMORI GIBBONS, ESQ.,  
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Gross Polowy, LLC  
Attorney for Plaintiff  
1775 Wehrle Drive, Suite 100  
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as Trustee, in trust for registered  
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Loan Trust, Mortgage Loan  
Asset- Backed Certificates,  
Series 2007-FF2, Plaintiff AGAINST  
Gabriel Milfort, Marie Jacques,  
et al, Defendant  
Pursuant to a Judgment of  
Foreclosure and Sale duly dated  
9/12/2019 and entered on 9/27/2019,  
I, the undersigned Referee, will sell  
at public auction at the Queens  
County Courthouse, 88-11 Sutphin  
Blvd., Courtroom 25, Jamaica, NY  
on December 06, 2019 at 10:30 AM  
premises known as 230-58 Lansing  
Avenue, Rosedale, NY 11413.  
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improvements erected, situate, lying  
and being in the County of Queens,  
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BLOCK: 13512, LOT: 1.  
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\$866,168.28 plus interests and costs.  
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Index # 703235/2015.  
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Kenneth Quiroz, et al, Defendant  
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4/27/2018, I, the undersigned  
Referee, will sell at public auction  
at the Queens County Courthouse,  
88-11 Sutphin Blvd., Courtroom 25,  
Jamaica, NY on December 06, 2019  
at 10:30 AM premises known as  
255-44 149th Avenue, Rosedale,  
NY 11422. All that certain plot piece  
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and improvements erected, situate,  
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BLOCK: 13669, LOT: 23.  
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Control Law at 121 Saint  
Nicholas Ave., New York, NY  
10026. New York County, for on  
premises consumption. Assinie  
Restaurant, LLC.

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sell Wine, Beer & Cider at  
retail in a Restaurant, under the  
Alcoholic Beverage Control Law  
at 2036 Jerome Ave., Bronx,  
NY 10453. Bronx County, for  
on premises consumption. GFE  
Jerome Avenue LLC d/b/a Taco  
Bell Cantina

**NOTICE IS HEREBY GIVEN**  
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Alcoholic Beverage Control Law  
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NY 10471. Bronx County, for  
on premise consumption. GMS  
Kosher LLC

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Control Law at 450 Amsterdam  
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New York County, for on premise  
consumption. Mee Tung LLC.

**NOTICE IS HEREBY GIVEN**  
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Beverage Control Law at 226 E.  
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## GAMES

## ACROSS

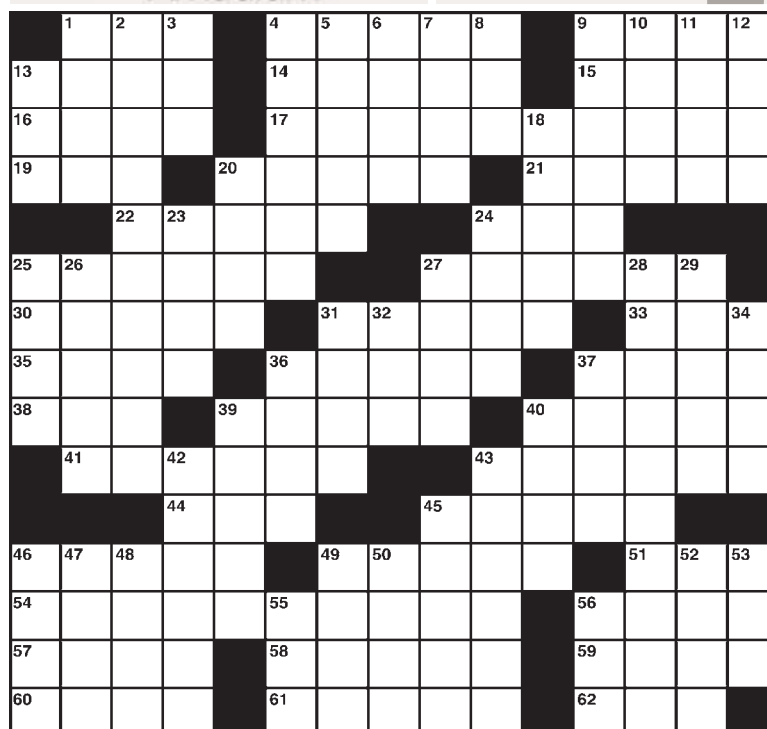
- 1 Students' transport  
4 One-act plays  
9 Kirkcaldy native  
13 Abbey resident  
14 Still whole  
15 Group of three  
16 Word attached to home or some  
17 Itty-bitty  
19 Took nourishment  
20 Leather with a napped finish  
21 Atlanta team  
22 Bellows  
24 Role on TV's "Alice"  
25 Fred or Ben  
27 Spare bedroom occupants  
30 Exhilarate  
31 "Never the twain \_\_ meet"  
33 Pkg. delivery service  
35 Feels sick  
36 Participate in a bee  
37 Cheese in a white rind

- 38 Aristotle's "T"  
39 Big U.S. bank  
40 Cyclist Armstrong  
41 Deodorant brand  
43 Passes on, as a message  
44 Cardinal or cerise  
45 Piece in a staircase  
46 Thin leather strip  
49 Domestic  
51 Switch position  
54 More desirable  
56 Twofold  
57 Uncle's wife  
58 Refueling ship  
59 Kaufman or Williams  
60 Takes home, after expenses  
61 Consecrate  
62 Ike's monogram

## DOWN

- 1 Give the \_\_ to; kick out  
2 Fail to fully appreciate  
3 Firmament  
4 Close after surgery  
5 ACL tear sites  
6 Decorated a petits fours  
7 Ditty  
8 Swine enclosure  
9 \_\_ from; robs  
10 Team of rowers  
11 Request for more slop  
12 Gifts for kids  
13 Advanced business deg.  
18 Word attached to barrow or house  
20 Cooking herb  
23 Dobbin's dinner  
24 \_\_ over; contemplate  
25 Pew or stool  
26 Assumed name  
27 Hurricane wind  
28 Reverse one's position  
29 Highly seasoned  
31 Falling-out  
32 " \_\_ a Rebel"; 1962 hit song  
34 Catches a glimpse of  
36 Place to store a lawn mower, often  
37 Christian of films  
39 Thin pancake  
40 Smaller amount  
42 Arts and \_\_  
43 Passengers  
45 Angers  
46 Extend across  
47 Accurate  
48 Ripped apart  
49 USPS delivery  
50 Suffix for agree or afford  
52 \_\_ away; disappear gradually  
53 Annoying insect  
55 Estes or Lowe  
56 June honoree

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BY TCA

## metro.us/wordsearch



Axis  
Experience  
Fender  
Fire  
Guitar

Haze  
Hendrix  
Hey Joe  
Jimi  
Mary

Purple  
Red House  
Rock  
Wind  
Woodstock

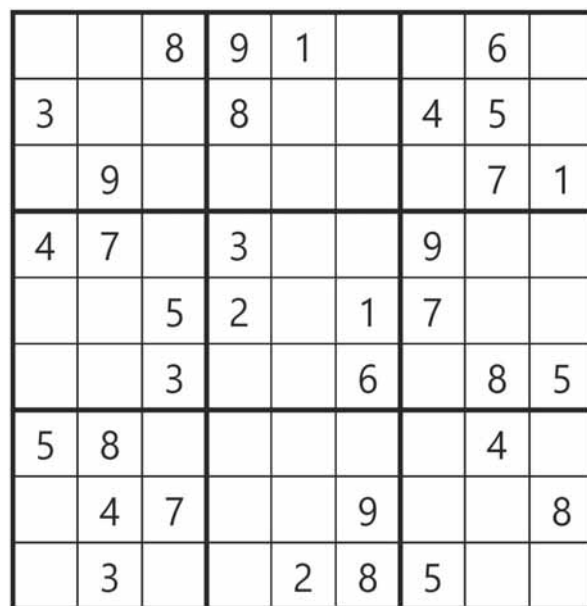
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Category: Film



Trace a path, using every letter once,  
to find the hidden phrase. Your path  
can turn in any direction, but not  
diagonally.

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## Yesterday's Answers



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